

Meal Prices

Breakfast		Lunch	
PK-12	\$1.75	PK-8	\$2.70
Adult	\$1.75	9th-12th	\$3.20
		Adult	\$3.80

November 2017

Iroquois

Breakfast & Lunch Menu



Monday

Tuesday

Wednesday

Thursday

Friday

**Fill Up & Fuel Up
at the
Unlimited Fruit & Vegetable Bar**

Pancakes 6
Cowboy Cavatini
Bread
Carrots

Sausage Pancake Stick 7
Pulled Pork Sandwich
Peas

Breakfast Boat 8
Stuffed Crust
Pepperoni Pizza
Green Beans

Egg & Cheese Biscuit 2
Grilled Cheese Sandwich
Tomato Soup

***Please*
remember to
take at least
½ cup fruit & or
veggies for a
well balance
meal**

Cinnamon Roll 10
Hot Ham & Cheese
Baked French Fries

Breakfast Pizza 13
Cheeseburger on Bun
Carrots

Cheesy Eggs & Toast 14
Goulash
Garlic Bread
Green Beans

French Toast Sticks 15
Crispy Chicken Sandwich
Baked Beans

Donut 16
Turkey
Dinner Roll
Cookie
Corn
Mashed Potatoes w/Gravy

**Daily Alternate
Entrée Option
Grades 6th-12th**

**Monday & Friday
Turkey & Cheese Sub**
**Tuesday
Ham & Cheese Sub**
**Wednesday
Cold Cut Sub**
**Thursday
Italian Sub**

Egg & Cheese Biscuit 20
BBQ Meatball Sub
Corn

Sausage Pancake Stick 21
Doritos Walking Taco
Brown Rice
Corn

Breakfast Burrito 22
Pepperoni Pizza
Peas

Gobble Gobble 23

Waffles 27
Hot Dog on Bun
Baked French Fries

Breakfast Boat 28
Beef & Cheese Soft
Shell Taco's
Corn

Sausage & Cheese Biscuit 29
Cheese Pizza
Green Beans

Cinnamon Roll 30
Breaded Pork Fritter
Dinner Roll
Mashed Potatoes w/Gravy

thrive
NUTRITION SERVICES

Breakfast Choices Offered Daily

- 100% Juice and Fruit
- Breakfast Entrée
- Cereal & Bread/Toast
- Milk Choice

Daily Lunch Menu Includes

Learning = Hunger
= Time to Thrive

- K-5: Choice of 1 Entrée
- 6-12: Choice of 2 Entrées
- Fruit & Vegetable Bar
- Milk Choice